

Foundational

ASSUMPTIONS AND ASPIRATIONS

Together we hold a sacred and safe container where inquiry and clarity naturally unfolds

Our time together ...

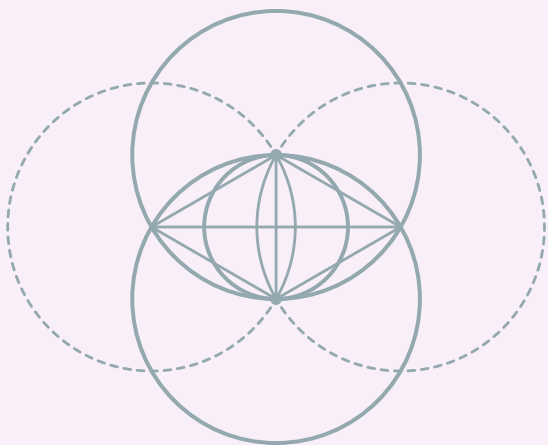
is dedicated to you and your unique process of Self-discovery and is focused on drawing forth your wisdom and empowerment.

The light of Awareness ...

is the true power in our work. Everything you require to live a full and happy life lies within you and is discoverable by you. We are not here to fix, but to illuminate.

My role as a guide ...

is to point you toward your absolute unchanging nature, your inherent wisdom and to help you discover for yourself the truth within your current situation.



Whatever is shared ...

in our sessions is held in confidence. If you have needs to be addressed during the session, I trust that you will make them known. This is welcomed at any point in the session.

Expect for me to ask a lot of questions!

For our time together to be productive, it takes a willingness on your part to pause and be receptive to insight as it's revealing itself in the present moment, rather than going for the responses that may come automatically. The truth of the matter is found with awareness in the moment, not through the conceptual mind.

Everything (yes, everything) ...

that presents as a block to your experiencing peace and happiness is a key to knowing your True Nature and the peace and happiness you seek. All of your problems are a gift and are guiding you home. If you can come to the session holding at least the possibility of this, it will be very helpful.

Read more at:

FreedomThroughInquiry.com